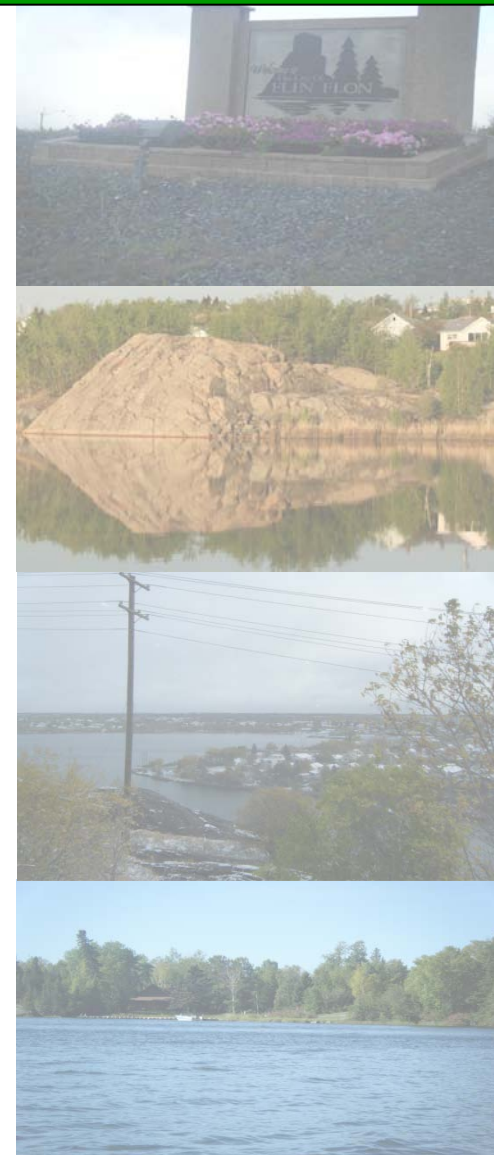


APPENDIX K

MARKET BASKET ESTIMATED DAILY INTAKE (EDI)



APPENDIX K:

MARKET BASKET ESTIMATED DAILY INTAKE

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APPENDIX K: MARKET BASKET ESTIMATED DAILY INTAKE (EDI_{MB})**EXECUTIVE SUMMARY**

Food represents a critical pathway of exposure to the chemicals of concern (COC) for the residents of the Flin Flon Area. Foods consumed and purchased from grocery stores, supermarkets, butchers, *etc.*, are considered background sources of exposure and contribute to an individual's total level of exposure to COC. The exposures to COC through the consumption of store-bought foods is termed the market basket estimated daily intake or EDI. As part of the Human Health Risk Assessment (HHRA), a literature review was conducted to obtain published data on the concentrations of COC in store-bought foods (*i.e.*, supermarket or market basket food items).

Available food data were grouped into several separate categories (*i.e.*, fish and shellfish, milk and dairy products, *etc.*). The different food categories used for the Flin Flon HHRA exposure model are described in this report.

The report identifies all the potential sources of information reviewed on the concentration of the COC in each of the different food categories. The data selected as the most appropriate for use in the Flin Flon HHRA are identified. Preference was given to recent, reliable, Canadian data.

When raw data was available, the mean concentration and 95% Upper Confidence Limit on the Mean (UCLM) was calculated. These values were then used to calculate the EDI for the market basket component of the HHRA exposure model. For cadmium, the EDI *via* the consumption of foods as recommended by the CCME within the derivation of the human health cadmium soil quality guideline was used within the HHRA. Values were provided for each of the five age classes on a µg/day basis and were adjusted based on the Health Canada (2006) recommended body weights used within the HHRA. For selenium, the results of the Dabeka (1994) Total Diet Study were used because it was the only complete source of Canadian data. Although the raw data from this study were not obtained, the CCME (2007) Scientific Supporting Document for the derivation of the Canadian Soil Quality Guideline for Selenium contained the average concentrations for each of the 135 food composites. These composites were organized into the 11 food categories used in the current assessment. The average concentration for each food category was used to represent the EPC in the HHRA.

The data presented in this report are used to support the Flin Flon HHRA.

K-1.0 INTRODUCTION

A literature review was conducted for food concentrations of the COC for use in the Flin Flon-area HHRA (Flin Flon HHRA). These COC are: arsenic (As), cadmium (Cd), copper (Cu), mercury (Hg), lead (Pb), and selenium (Se). The purpose of the literature review was to identify the most appropriate food data to characterize Flin Flon area residents' background exposure to store-bought foods. In Canada, most supermarket foods are distributed across North America and are generally not specific to any given location. Thus, food purchased in Flin Flon should resemble the food purchased in other cities in Canada. An exception is the locally grown fruit and vegetables that are seasonally available in Flin Flon. In order to incorporate data on levels of COC in Flin Flon-specific produce into the HHRA, locally-grown residential and commercial gardens were sampled for a variety of fruits and vegetables. Local blueberries were also sampled and analyzed for COC. The results of that survey are provided separately in the Fish and Berry report (refer to Appendix E).

K-2.0 DEVELOPMENT OF THE EDI

The purpose of the current market basket review was three-fold: i) identify the key food item categories making up the diet of Flin Flon residents; ii) determine the EDI rates for each food category; and, iii) determine the range of COC concentrations in each food category. The information generated from this phase of the study was incorporated into the exposure pathway model of the HHRA as the market basket EDI for each COC.

K-2.1 Criteria for Selection of Databases

In order to determine the most appropriate data to use in the Flin Flon HHRA, the following criteria were used:

- Food concentration data were Canadian-specific (if Canadian data were unavailable, the literature search extended to international studies, preferably American);
- Food was purchased from a supermarket or other public point-of-purchase (e.g., bakery, butcher);
- Food was prepared and/or cooked for normal consumption;
- Data were reported with adequate summary statistics (raw data, or at a minimum, the sample number, mean concentration and range); and,
- The method detection limits were adequately low to detect the metal in most of the food items.

When selecting the most appropriate food concentration dataset, there are additional issues to consider for each COC. These issues are outlined for each COC in the following sections.

K-2.2 Background on Food Categories

Estimates of Canadian's food intake are readily available with food grouped into categories of similar food items. The food data available were grouped into separate categories based on the categories outlined in Richardson (1997):

- Fish and shellfish;
- Milk and dairy products;
- Meat, poultry and eggs (excluding organ meats);
- Cereals and grains;
- Root vegetables;

- Other vegetables;
- Fruit and fruit juices;
- Fats and oils;
- Nuts;
- Sugars and sweets;
- Alcoholic beverages; and,
- Non-alcoholic beverages.

We recommend the use of the categorization approach in Richardson (1997) because:

- Fish COC concentrations can be significantly different compared to other meat items (*i.e.*, As);
- Fish consumption for Canadians is significantly lower than other meats when non-eaters are taken into account;
- The Flin Flon HHRA Market basket EDI (EDI_{MB}) calculation were based on the Richardson (1997) intake rates; and,
- Recent Health Canada guidelines (Health Canada, 2004a) recommends the use of Richardson (1997) intake rates.

A few changes of note were made to the Richardson (1997) groupings to allow for more appropriate use within the HHRA. These were:

- Organ meats were removed from the meat, poultry and eggs category (see below);
- Nuts and seeds were removed from the fats and oils category and included as an additional new category; and,
- Many new food items were added to the grouping (*e.g.*, butter, hamburger).

For a complete list of food categories identified for the Flin Flon HHRA, refer to Appendix K1 of this Appendix.

Organ meats were excluded from the meat, poultry and eggs category because the inclusion of this data was causing an unacceptable uncertainty in the estimated 95% upper confidence limit (UCL) on the mean COC concentration for the category. In particular, the copper concentration in organ meats was causing an unacceptable skewing of the data. For example, the standard deviations (SD) for copper in the meat, poultry and eggs category without and with the organ meats were 12,256 and 413 ng/g wet weight (ww), respectively (Table K-1). Depending on the metal, the magnitude of the change in the UCLM was variable. In all cases the SD was reduced by removing the organ meats from the meat, poultry and eggs category (Table K-1).

| Meat, Poultry and Eggs Food Category | Arsenic | Cadmium | Copper | Lead | Mercury | Selenium |
|---|----------------|----------------|-----------------------|-------------|----------------|-----------------|
| With organ meats | 33.6 (77.6) | - | 7,261.7 (12,256.1) | 7.7 (4.5) | 1.15 (0.7) | - |
| Without organ meats | 15.2 (14.9) | - | 1060.2 (412.7) | 6.6 (4.2) | 1.06 (0.6) | - |

Note: Standard deviations are in brackets ().

In addition, the method selected to predict food intake assumed that each food item within the category was weighted equally. However, organ meat consumption is not comparable to that of other meats, poultry and eggs (Richardson, 2005 pers. comm. on compendium data). In fact, only 3% of respondents reported consumption of organ meats. It was hypothesized that the removal of organ meats, while reducing the uncertainty in the meat, poultry and eggs category, did not inappropriately lower the EDI_{MB} for the metals. In order to test this hypothesis, the intake of two metals with the highest concentrations in organ meats were modeled using organ specific intake rates on a per capita basis (meat non-eaters were included). It was found that the removal of organ meats, while reducing the uncertainty in the meat, poultry and eggs category, did not significantly lower the EDI_{MB}. Consumption of organ meats accounted for 0.1 and 0.2% of the total EDI_{MB} for copper and arsenic, respectively. Therefore, organ meats were not included in the derivation of the EDI_{MB} for the Flin Flon HHRA.

Nuts and seeds were removed from the oils and fats category and included as a separate category. Nuts and seeds were included in the EDI_{MB} calculation using separate intake rate data for nuts and seeds (Richardson, 1997).

Many new items have been added to the roster of food items tested in the Canadian Total Diet Study. To accommodate these new items, many of these items have been added to the categories established by Richardson (1997). Appendix K1 provides a list of the original items included in each category and the additional items added. Depending on the source of the data, the list of food items included in the category will vary. Appendix K provides a complete list of all the data included for each COC.

K-2.3 Selection of the Databases

The databases selected for use in the Flin Flon EDI_{MB} are summarized in Table K-2 (refer to Appendix K2 for the complete datasets).

| COC | Location | Date | Description | Reference |
|------------|-----------------------|-----------------------|--|---|
| As | Six Canadian cities | 1985 and 1988 | Canadian Total Diet Study ^a : Total As analyzed in supermarket foods | Dabeka <i>et al.</i> , 1993 |
| Cd | Six Canadian cities | 1985 to 1988 | Canadian Total Diet Study ^a : Total Cd analyzed in supermarket foods | Dabeka and McKenzie, 1992; 1995; CCME, 1996 |
| Cu | Eight Canadian cities | 1993 to 1999 and 2000 | Canadian Total Diet Study ^a : Total Cu analyzed in supermarket foods | Health Canada, 2004b; Dabeka and McKenzie, 2005 pers. comm. |
| Hg | Two Canadian cities | 1998 to 2000 | Canadian Total Diet Study ^a : Total Hg analyzed in supermarket foods; CFIA data: Total Hg in Canadian retail fish | Dabeka <i>et al.</i> , 2003; Health Canada, 2007 |
| Pb | Canada | 2000 | Canadian Total Diet Study ^a : Total Pb analyzed in supermarket foods | Dabeka and McKenzie, 2005 pers. comm. |
| Se | Canada (Toronto) | 1992 | Total Diet Study Total Se analyzed in supermarket foods | Dabeka, 1994; CCME, 2007 |

^a All non-detected food concentrations were assumed by the authors to be the full detection limit.

It is important to note that the following tables reflect the concentrations of COC in food that are readily available or in the published literature. The authors of the data applied different assumptions to data with values below the detection limit (*i.e.*, non-detects), when averaging either the food item concentration or the food category (*e.g.*, non-detects equal zero

concentration, $\frac{1}{2}$ the detection limit, or the detection limit itself). For the purposes of applying the food concentrations to the EDI_{MB}, the raw data was obtained, when available, and the non-detects were assumed to be half the detection limit and the 95% UCLM on the mean of the food categories was calculated. The data used in the derivation of the EDI_{MB} are summarized in Appendices K2.

K-3.0 RESULTS

K-3.1 Arsenic

Arsenic is commonly detected in most foods; however, the chemical forms differ and concentrations may vary considerably by food type. For example, much of the arsenic in fish is present in a highly complexed, non-bioavailable form, or as organoarsenicals (e.g., arsenobetaine, arsenocholine) that are rapidly excreted from the body. Inorganic arsenic, specifically the soluble inorganic As(III) and As(V) species, are the most bioavailable and are the arsenic species of most interest and concern in any HHRA including the Flin Flon HHRA

Based on limited data, the percentage of inorganic arsenic in various foods has been reported to typically range from 0 to 1% in saltwater fish, 5% in vegetables, 10 to 15% in freshwater fish, 15% in potatoes and fruits, 73% in apple juice, 35 to 43% in rice, 49 to 69% in cereals, flour and breads, 15 to 41% in poultry, and as much as 75 to 100% in milk, dairy products, and meats (Weiler, 1987; MOE, 1987). For a typical mixed diet, approximately 20 to 40% of the estimated daily dietary intake of arsenic is inorganic (Borum and Abernathy, 1994; Yost *et al.*, 1998). Inorganic forms predominate in meat and poultry, dairy products and rice.

Selection of Food Database

There were a number of Canadian market basket surveys available for arsenic (JWEL, 2004; Dabeka *et al.*, 1993; MOE, 1987; Smith, 1971) (Table K-1). Some of the market basket studies analyzed total arsenic (e.g., DNHW, 1983; Dabeka *et al.*, 1993; JWEL, 2004), while others analyzed both total and inorganic forms (MOE, 1987).

The database selected for use in the Flin Flon HHRA was the Dabeka *et al.* (1993) Canadian Total Diet Study (TDS) because it fulfilled all of the selection criteria and was found to be the most appropriate for arsenic. In this survey, food was sampled from supermarkets in six Canadian cities and prepared as for normal consumption by Canadians (Dabeka *et al.*, 1993). Raw data and summary statistics were available and the detection limits were appropriate, ranging from 0.3 to 1.1 ng/g ww. Unfortunately, arsenic was not analyzed in the Canadian TDS data for the period 1993 to 1999, and 2000 due to limited government resources (Dabeka, 2005 pers. comm.). Therefore, the available data are greater than 10 years old.

The more recent Port Colborne database (*i.e.*, JWEL, 2004) was not selected because they had inappropriately high detection limits (*i.e.*, arsenic was non-detectable in 97% of food samples; detection limit was ~50 ng/g dw (~10 ng/g ww for vegetables¹); resulting in highly uncertain estimates of food concentrations. For that analyses, non-detectable arsenic concentrations were assumed to be equal to half the detection limit (JWEL, 2004), an assumption that is typically conservative. This may explain why the mean concentrations for the food categories in the JWEL (2004) data are consistently higher than those in the Dabeka *et al.* (1993) study. The

¹ Calculated for illustrative purposes only, and assumes an 80% moisture content for vegetables.

MOE (1987) and DNHW (1983) databases were not selected because they did not sample an adequate variety of foods. For example, the MOE (1987) study sampled only apple juice in the fruit and fruit products category, and the DNHW (1983) studied only marine fish and meat products. The MOE (1987) study will be used to provide assumptions of the inorganic arsenic content of the Dabeka *et al.* (1993) food data. The Smith (1971) database was not used because the data and summary statistics were not readily available and the data is likely no longer reflective of current arsenic food concentrations.

The available information on the concentration of arsenic in major food categories is presented in Table K-3. However, only data from Dabeka *et al.* (1993) were used to calculate the EDI for arsenic for the Flin Flon HHRA.

| Table K-3 Typical Total Arsenic Concentrations in Canadian Foods | | | | |
|---|--|--|--|--|
| Food Type | Location | Description | Concentration^o | Reference |
| Fish and Seafood | | | | |
| Fish and shellfish | Port Colborne | 186 food samples* + | mean: 1,600 | JWEL, 2004 |
| Fish and shellfish | 6 Canadian cities between 1985 and 1988 | total arsenic in samples collected | mean: 1,662.46 max: 4,830.0 | Dabeka <i>et al.</i> , 1993 ^b |
| Marine fish | Canada | marine fish sold for human consumption | range: 400 to 118,000 | DNHW, 1983 |
| Fish (saltwater) | Ontario | total arsenic concentrations and % inorganic | 1,100 to 4,000 (1% inorganic) average: 2,550 | MOE, 1987 ^a |
| Fish (freshwater) | Ontario | total arsenic concentrations and % inorganic | 140 (15% inorganic) | MOE, 1987 ^a |
| Shrimp | Ontario | total arsenic concentrations and % inorganic | 650 (16% inorganic) | MOE, 1987 ^a |
| Meat / Poultry Products | | | | |
| Meat, poultry and eggs | Port Colborne | 186 food samples | mean: 30.6 max: 43 | JWEL, 2004 |
| Meat and poultry | Canada, between 1985 and 1988 | total arsenic in samples collected | mean: 24.3 max: 536.0 | Dabeka <i>et al.</i> , 1993 ^b |
| Meat and poultry | Canada | sold for human consumption | range: non-detect to 440 | DNHW, 1983 |
| Red meat | Ontario | total arsenic concentrations and % inorganic | 13 to 26 (100% inorganic) | MOE, 1987 ^a |
| Poultry | Ontario | total arsenic concentrations and % inorganic | 21 to 23 (41% inorganic) | MOE, 1987 ^a |
| Meats | Canada, Ottawa-Hull area | food purchased | 50 | Smith, 1971 |
| Milk and Dairy Products | | | | |
| Milk and milk Products | Port Colborne | 186 food samples | mean: 21 max: 24 | JWEL, 2004 |
| Vanilla ice cream | Ontario | total arsenic concentrations and % inorganic | 16 (26% inorganic) | MOE, 1987 ^a |
| Milk and dairy products | 6 Canadian cities, between 1985 and 1988 | total arsenic in samples collected | mean: 3.8 max: 26.0 | Dabeka <i>et al.</i> , 1993 ^b |
| Dairy | Canada, Ottawa-Hull area | food purchased | 200 | Smith, 1971 |
| Rice | | | | |
| Cooked rice | Ontario | total arsenic concentrations and % inorganic | 230 to 240 (43% inorganic) | MOE, 1987 ^a |
| Rice cereal, dry | 6 Canadian cities, between 1985 and 1988 | total arsenic in samples collected | mean: 284.1 max: 365 | Dabeka <i>et al.</i> , 1993 ^b |

| Table K-3 Typical Total Arsenic Concentrations in Canadian Foods | | | | |
|---|--|--|----------------------------------|--|
| Food Type | Location | Description | Concentration^o | Reference |
| Cereals, Grains and Baked Goods | | | | |
| Cereals, grains and baked goods | Port Colborne | 186 food samples | mean: 18.5 max: 28 | JWEL, 2004 |
| Cereals and baked goods | 6 Canadian cities, between 1985 and 1988 | total arsenic in samples collected | mean: 24.5 max: 365 | Dabeka <i>et al.</i> , 1993 ^b |
| Cereals | Ontario | total arsenic concentrations and % inorganic | 230 to 300 (49% inorganic) | MOE, 1987 ^a |
| Bread | Ontario | total arsenic concentrations and % inorganic | mean: 24 (50% inorganic) | MOE, 1987 ^a |
| Pastry flour | Ontario | total arsenic concentrations and % inorganic | 11 (69% inorganic) | MOE, 1987 ^a |
| Cereals | Canada; Ottawa-Hull area | food purchased | 50 | Smith, 1971 |
| Fruits and Fruit Juices | | | | |
| Fruits and fruit juices | Port Colborne | 186 food samples | mean: 14.9 max: 37 | JWEL, 2004 |
| Fruit and fruit juices | 6 Canadian cities, between 1985 and 1988 | total arsenic in samples collected | mean: 4.5 max: 37 | Dabeka <i>et al.</i> , 1993 ^b |
| Apple juice | Ontario | total arsenic concentrations and % inorganic | 12 (73% inorganic) | MOE, 1987 ^a |
| Garden fruits | Canada, Ottawa-Hull area | food purchased | 20 | Smith, 1971 |
| Fruits | Canada, Ottawa-Hull area | food purchased | <100 | Smith, 1971 |
| Root Vegetables | | | | |
| Potatoes | Port Colborne | 186 food samples | mean: 18.5 | JWEL, 2004 |
| Root vegetables | 6 Canadian cities, between 1985 and 1988 | total arsenic in samples collected | mean: 7.8 | Dabeka <i>et al.</i> , 1993 ^b |
| Root vegetables | Canada, Ottawa-Hull area | food purchased | <20 | Smith, 1971 |
| Potatoes | Canada, Ottawa-Hull area | food purchased | <100 | Smith, 1971 |
| Other Vegetables | | | | |
| Other vegetables | Port Colborne | 186 food samples | mean: 1.16 max: 2.7 | JWEL, 2004 |
| Vegetables | 6 Canadian cities, between 1985 and 1988 | total arsenic in samples collected | mean: 7.0 max: 84.0 | Dabeka <i>et al.</i> , 1993 ^b |
| Leafy vegetables | Canada, Ottawa-Hull area | food purchased | <100 | Smith, 1971 |
| Legumes | Canada, Ottawa-Hull area | food purchased | <20 | Smith, 1971 |
| Fats and Oils | | | | |
| Fats, oils, nuts and Seeds | Port Colborne | 186 food samples | mean: 38.5 max: 54 | JWEL, 2004 |
| Fats and oils | 6 Canadian cities, between 1985 and 1988 | total arsenic in samples collected | mean: 19.0 max: 57.0 | Dabeka <i>et al.</i> , 1993 ^b |
| Sugars and Sweets | | | | |
| Sugars and sweets | Port Colborne | 186 food samples | mean: 35.7 max: 48 | JWEL, 2004 |
| Sugar and candies | 6 Canadian cities, between 1985 and 1988 | total arsenic in samples collected | mean: 10.9 max: 105 | Dabeka <i>et al.</i> , 1993 ^b |

Table K-3 Typical Total Arsenic Concentrations in Canadian Foods

| Food Type | Location | Description | Concentration^φ | Reference |
|-------------------------|--|--|----------------------------------|--|
| Sugar products | Canada, Ottawa-Hull area | food purchased | 80 | Smith, 1971 |
| Miscellaneous | | | | |
| Miscellaneous | 6 Canadian cities, between 1985 and 1988 | total arsenic in samples collected | mean: 12.5 max: 41.0 | Dabeka <i>et al.</i> , 1993 ^b |
| Beverages | | | | |
| Alcoholic beverages | Port Colborne | 186 food samples | mean: 6.9 | JWEL, 2004 |
| Non-alcoholic beverages | Port Colborne | 186 food samples | mean: 9.7 | JWEL, 2004 |
| Beverages | 6 Canadian cities, between 1985 and 1988 | total arsenic in samples collected | mean: 3.0 max: 9.0 | Dabeka <i>et al.</i> , 1993 ^b |
| Tea | Ontario | total arsenic concentrations and % inorganic | 35 (26% inorganic) | MOE, 1987 ^a |
| Drinks | Canada, Ottawa-Hull area | food purchased | 20 | Smith, 1971 |

^φ All food concentrations are expressed in units of ng/g wet weight, unless otherwise stated.

* includes replicates and duplicates

+ 97% of all food data is below the MDL (50 ng/g dw). All food items analyzed as dry weight and then converted to wet weight using moisture content (measured by laboratory). Samples detected at, or below, the MDL were assumed to be ½ the detection limit.

^a Food samples in this study were comprised of one homogenized sample, analyzed in duplicate or triplicate, except for saltwater fish and apple juice. Percent inorganic arsenic was calculated by dividing measured average inorganic concentration in foods by the average measured total arsenic concentration.

^b All food samples in this study were prepared as for normal consumption and then homogenized.

K-3.2 Cadmium

Food is considered the primary source of cadmium exposure in the general public (Health Canada, 1986; ATSDR, 1999a). Average daily cadmium ingestion rates are documented in the range of 0.007 to 0.034 mg/day (Health Canada, 1986; Dabeka *et al.*, 1987), while a slightly higher range of 0.010 to 0.040 mg/day is detected in the U.S. (Gartrell *et al.*, 1986; Podrebarac, 1984; U.S. EPA, 1985; Health Canada, 1986).

Various cadmium concentrations have been detected in different foods (Health Canada, 1986). An average concentration of 0.05 mg cadmium/kg (wet-weight basis) is reported for most foods (Fleischer *et al.*, 1974; Nordberg, 1974; Health Canada, 1986), however concentrations as high as 0.2, 1.6 and 21.0 mg/kg have been found in brown crabmeat, beef kidneys and livers, respectively (Chau *et al.*, 1970; Health Canada, 1986). This is not unexpected as cadmium is known to accumulate in the liver and kidneys of vertebrates (ATSDR, 1999a).

Caution is recommended when interpreting cadmium concentration results derived from atomic absorption spectrophotometry. Several authors (Riihimaki, 1972; Friberg *et al.*, 1974; Nordberg, 1974) have mentioned that some of these cadmium concentration results are much higher than the true value due to sodium interference (Health Canada, 1986).

Selection of Food Database

Canadian market basket data are available for cadmium (Dabeka and McKenzie, 1992; 1995). Dabeka and McKenzie (1992) analyzed the cadmium concentrations in 105 food composites that were collected in 1985 as part the Canadian health Protection Branch's ongoing total diet program. The food samples, purchased at the retail level in the Ottawa region, were prepared

for regular consumption before being combined into composites. Atomic absorption spectrophotometer was used to analyze cadmium concentrations in the food samples.

Dabeka and McKenzie (1995) analyzed the cadmium concentrations in food samples collected at the retail level from Halifax, Montreal, Toronto, Winnipeg and Vancouver. The food samples were prepared for regular consumption, homogenized into 113 composites and then subdivided into eight broader food categories. Cadmium concentrations were determined using atomic absorption spectrometry.

Within the derivation of the Canadian Soil Quality Guideline for inorganic cadmium, the CCME used the results of the Dabeka and McKenzie (1992; 1995) Total Diet Study to derive daily cadmium intake rates for the general population (CCME, 1996). These values were used in the current assessment to represent the EDI from the consumption of market basket foods (Table K-4).

| Table K-4 Estimated Daily Cadmium Intake from Food for the Canadian General Population (CCME, 1996) | |
|--|--|
| Age Class | Estimated Daily Intake from Market Basket Foods ($\mu\text{g}/\text{kg}/\text{day}$) |
| Infant ^a | 0.58 |
| Toddler | 0.58 |
| Child | 0.46 |
| Teen | 0.26 |
| Adult | 0.18 |

^a An EDI_{MB} was not provided for the infant. As a conservative measure, the EDI_{MB} recommended for the toddler was used for the infant.

K-3.3 Copper

Copper is an essential micronutrient and is found in all foods (ATSDR, 2004). Typical food items that are high in copper include shellfish, organ meats (e.g., liver and kidney), legumes, and nuts (Dabeka and McKenzie, 1995; ATSDR, 2004; Dabeka and McKenzie, 2005, pers. comm.).

Selection of Food Database

Canadian market basket data available for copper are summarized in Table K-5 (Health Canada, 2004b; JWEL, 2004; Dabeka and McKenzie, 2005 pers. comm.). There was good agreement among the results for the Canadian Total Diet Study (CTDS) (Dabeka and McKenzie, 2005 pers. comm.; Health Canada, 2004b).

The copper levels for organ meats were significantly higher than the rest of the meat and poultry samples in all studies. For example, the mean copper concentrations for the meat category with and without the organ meats for three different studies were: 10,911 and 1,342 ng/g in the 2000 CTDS; 3,496 and 1,006 ng/g in the 1993 to 1999 CTDS; and, 21,935 and 685 ng/g in the Port Colborne study (refer to Section K-2.1 for further discussion on organ meats).

The databases selected for use in the Flin Flon HHRA were the consecutive years (1993 to 2000) of the Canadian Total Diet Studies (Health Canada, 2004b; Dabeka and McKenzie, 2005 pers. comm.) because they fulfilled all of the selection criteria and were the most appropriate for copper. The datasets were combined to increase the Canadian coverage (eight cities) and the statistical robustness of the data.

| Table K-5 Typical Total Copper Concentrations in Canadian Foods | | | | |
|--|--|---|---|---------------------------------------|
| Food Type | Location | Description | Concentration^φ | Reference |
| Fish and Seafood | | | | |
| Fish and shellfish | Canada | unpublished data from the 2000 TDS | 992.4 ^a | Dabeka and McKenzie, 2005 pers. comm. |
| Fish and shellfish | 8 Canadian cities, Toronto, Montreal, Halifax, Winnipeg, Vancouver, Ottawa, Whitehorse and Calgary between 1993 and 1999 | 137 food items collected | mean: 811.68 max: 1,972.4 | Health Canada, 2004b |
| Fish and shellfish | Port Colborne | 186 food samples (includes replicates and duplicates) | mean: 240 ^a | JWEL, 2004 |
| Meat / Poultry Products | | | | |
| Meat, poultry and eggs | Canada | unpublished data from the 2000 TDS | 10,910.6 ^{a,b} | Dabeka and McKenzie, 2005 pers. comm. |
| Meat, poultry and eggs | 8 Canadian cities, Toronto, Montreal, Halifax, Winnipeg, Vancouver, Ottawa, Whitehorse and Calgary between 1993 and 1999 | 137 food items collected | mean: 3,495.75 max: 33,372.87 (organ meats) | Health Canada, 2004b |
| Meat, poultry and eggs | Port Colborne | 186 food samples (includes replicates and duplicates) | mean: 21 935 ^a max: 170,000 (organ meats) | JWEL, 2004 |
| Meat, fish and poultry | Canada, Ottawa-Hull area in 1969 | foods purchased | 1,490 | Méranger and Smith, 1972 |
| Meat, fish and poultry | Canada, Winnipeg area in 1972 | foods purchased | 1,130 | Kirkpatrick and Coffin, 1977 |
| Milk and Dairy Products | | | | |
| Dairy | Canada | unpublished data from the 2000 TDS | 221.0 ^a | Dabeka and McKenzie, 2005 pers. comm. |
| Milk and milk products | 8 Canadian cities, Toronto, Montreal, Halifax, Winnipeg, Vancouver, Ottawa, Whitehorse and Calgary between 1993 and 1999 | 137 food items collected | mean: 200.93 max: 843.13 | Health Canada, 2004b |
| Milk and milk Products | Port Colborne | 186 food samples (includes replicates and duplicates) | mean: 179 ^a max: 230 | JWEL, 2004 |
| Milk and dairy | Canada, Ottawa-Hull area in 1969 | foods purchased | 170 | Méranger and Smith, 1972 |
| Milk and dairy | Canada, Winnipeg area in 1972 | foods purchased | 190 | Kirkpatrick and Coffin, 1977 |
| Infant Formula | | | | |
| Infant formula | Canada | unpublished data from the 2000 TDS | 783.5 ^a | Dabeka and McKenzie, 2005 pers. comm. |
| Infant formula | Canada | 137 food items | mean: 789.76 max: 817.44 | Health Canada, 2004b |
| Cereals, Grains and Baked Goods | | | | |

| Table K-5 Typical Total Copper Concentrations in Canadian Foods | | | | |
|--|--|---|---|---------------------------------------|
| Food Type | Location | Description | Concentration^φ | Reference |
| Cereal and grain products | Canada | unpublished data from the 2000 TDS | 1,367.0 ^a | Dabeka and McKenzie, 2005 pers. comm. |
| Cereals, grains and baked goods | 8 Canadian cities, Toronto, Montreal, Halifax, Winnipeg, Vancouver, Ottawa, Whitehorse and Calgary between 1993 and 1999 | 137 food items collected | mean: 1,300.04 max: 4,574.87 | Health Canada, 2004b |
| Cereals, grains and baked goods | Port Colborne | 186 food samples (includes replicates and duplicates) | mean: 1,006 ^a max: 1,700 | JWEL, 2004 |
| Cereals | Canada, Ottawa-Hull area in 1969 | foods purchased | 2,790 | Méranger and Smith, 1972 |
| Cereals | Canada, Winnipeg area in 1972 | foods purchased | 2,260 | Kirkpatrick and Coffin, 1977 |
| Fruits and Fruit Juices | | | | |
| Fruit and fruit products | Canada | unpublished data from the 2000 TDS | 814.2 ^a | Dabeka and McKenzie, 2005 pers. comm. |
| Fruit and fruit products | 8 Canadian cities, Toronto, Montreal, Halifax, Winnipeg, Vancouver, Ottawa, Whitehorse and Calgary between 1993 and 1999 | 137 food items collected | mean: 911.28 max: 5,305.59 | Health Canada, 2004b |
| Fruits and fruit juices | Port Colborne | 186 food samples (includes replicates and duplicates) | mean: 687 ^a max: 3,100 (dried fruits) | JWEL, 2004 |
| Garden fruits | Canada, Ottawa-Hull area in 1969 | foods purchased | 900 | Méranger and Smith, 1972 |
| Garden fruits | Canada, Winnipeg area in 1972 | foods purchased | 810 | Kirkpatrick and Coffin, 1977 |
| Fruits | Canada, Ottawa-Hull area in 1969 | foods purchased | 520 | Méranger and Smith, 1972 |
| Fruits | Canada, Winnipeg area in 1972 | foods purchased | 540 | Kirkpatrick and Coffin, 1977 |
| Root Vegetables | | | | |
| Root vegetables | Canada | unpublished data from the 2000 TDS | 774.3 ^a | Dabeka and McKenzie, 2005 pers. comm. |
| Root vegetables | 8 Canadian cities, Toronto, Montreal, Halifax, Winnipeg, Vancouver, Ottawa, Whitehorse and Calgary between 1993 and 1999 | 137 food items collected | mean: 839.74 max: 2,650.79 | Health Canada, 2004b |
| Potatoes | Port Colborne | 186 food samples (includes replicates and duplicates) | mean: 675 ^a | JWEL, 2004 |
| Potatoes | Canada, Ottawa-Hull area in 1969 | foods purchased | 2,530 | Méranger and Smith, 1972 |
| Potatoes | Canada, Winnipeg area in 1972 | foods purchased | 1,180 | Kirkpatrick and Coffin, 1977 |

| Table K-5 Typical Total Copper Concentrations in Canadian Foods | | | | |
|--|--|---|---|---------------------------------------|
| Food Type | Location | Description | Concentration^φ | Reference |
| Root vegetables | Canada, Ottawa-Hull area in 1969 | foods purchased | 880 | Méranger and Smith, 1972 |
| Root vegetables | Canada, Winnipeg area in 1972 | foods purchased | 680 | Kirkpatrick and Coffin, 1977 |
| Other Vegetables | | | | |
| Other vegetables | Canada | unpublished data from the 2000 TDS | 782.8 ^a | Dabeka and McKenzie, 2005 pers. comm. |
| Other vegetables | 8 Canadian cities, Toronto, Montreal, Halifax, Winnipeg, Vancouver, Ottawa, Whitehorse and Calgary between 1993 and 1999 | 137 food items collected | mean: 836.84 max: 3,715.39 | Health Canada, 2004b |
| Other vegetables | Port Colborne | 186 food samples (includes replicates and duplicates) | mean: 1,259 ^a max: 4,300 | JWEL, 2004 |
| Leafy vegetables | Canada, Ottawa-Hull area in 1969 | foods purchased | 840 | Méranger and Smith, 1972 |
| Leafy vegetables | Canada, Winnipeg area in 1972 | foods purchased | 920 | Kirkpatrick and Coffin, 1977 |
| Legumes | Canada, Ottawa-Hull area in 1969 | foods purchased | 1,480 | Méranger and Smith, 1972 |
| Legumes | Canada, Winnipeg area in 1972 | foods purchased | 1,170 | Kirkpatrick and Coffin, 1977 |
| Mixed Foods or Miscellaneous | | | | |
| Miscellaneous (including soup) | 8 Canadian cities, Toronto, Montreal, Halifax, Winnipeg, Vancouver, Ottawa, Whitehorse and Calgary between 1993 and 1999 | 137 food items collected | mean: 1,528.76 max: 15,344.29 (seeds shelled) | Health Canada, 2004b |
| Soups | Canada, Toronto, Montreal, Halifax, Winnipeg, Vancouver, Ottawa, Whitehorse and Calgary between 1993 and 1999 | foods collected | 256. ^a | Health Canada, 2004b |
| Fats and Oils | | | | |
| Fats, oils and peanuts | Canada | unpublished data from the 2000 TDS | 1,276.3 ^a | Dabeka and McKenzie, 2005 pers. comm. |
| Fats, oils and peanuts | 8 Canadian cities, Toronto, Montreal, Halifax, Winnipeg, Vancouver, Ottawa, Whitehorse and Calgary between 1993 and 1999 | 137 food items collected | mean: 2,044.04 max: 5,911.07 | Health Canada, 2004b |
| Fats, oils, nuts and seeds | Port Colborne | 186 food samples (includes replicates and duplicates) | mean: 2,514 ^a max: 9,800 (nuts and seeds) | JWEL, 2004 |
| Fats and oils | Canada, Ottawa-Hull area in 1969 | foods purchased | 1,890 | Méranger and Smith, 1972 |
| Fats and oils | Canada, Winnipeg area in 1972 | foods purchased | 1,560 | Kirkpatrick and Coffin, 1977 |

| Table K-5 Typical Total Copper Concentrations in Canadian Foods | | | | |
|--|--|---|--------------------------------------|---------------------------------------|
| Food Type | Location | Description | Concentration^φ | Reference |
| Sugars and Sweets | | | | |
| Sugar, candy and desserts | Canada | unpublished data from the 2000 TDS | 727.4 ^a | Dabeka and McKenzie, 2005 pers. comm. |
| Sugar, candy and desserts | 8 Canadian cities, Toronto, Montreal, Halifax, Winnipeg, Vancouver, Ottawa, Whitehorse and Calgary between 1993 and 1999 | 137 food items collected | mean: 647.06 max: 2,896.88 | Health Canada, 2004b |
| Sugars and sweets | Port Colborne | 186 food samples (includes replicates and duplicates) | mean: 487 ^a max: 1,400 | JWEL, 2004 |
| Sugars | Canada, Ottawa-Hull area in 1969 | foods purchased | 2,360 | Méranger and Smith, 1972 |
| Sugars | Canada, Winnipeg area in 1972 | foods purchased | 1,450 | Kirkpatrick and Coffin, 1977 |
| Beverages | | | | |
| Non-alcoholic drinks | Canada | unpublished data from the 2000 TDS | 56.1 ^a | Dabeka and McKenzie, 2005 pers. comm. |
| Non-alcoholic drinks | 8 Canadian cities, Toronto, Montreal, Halifax, Winnipeg, Vancouver, Ottawa, Whitehorse and Calgary between 1993 and 1999 | 137 food items collected | mean: 108.00 max: 193.32 | Health Canada, 2004b |
| Non-alcoholic beverages | Port Colborne | 186 food samples (includes replicates and duplicates) | mean: 35.4 ^a | JWEL, 2004 |
| Alcoholic drinks | Canada | unpublished data from the 2000 TDS | 66.2 ^a | Dabeka and McKenzie, 2005 pers. comm. |
| Non-alcoholic drinks | 8 Canadian cities, Toronto, Montreal, Halifax, Winnipeg, Vancouver, Ottawa, Whitehorse and Calgary between 1993 and 1999 | 137 food items collected | mean: 88.5 max: 134.28 | Health Canada, 2004b |

| Food Type | Location | Description | Concentration^φ | Reference |
|---------------------|----------------------------------|---|----------------------------------|------------------------------|
| Alcoholic beverages | Port Colborne | 186 food samples (includes replicates and duplicates) | mean: 27.3 ^a | JWEL, 2004 |
| Drinks | Canada, Ottawa-Hull area in 1969 | foods purchased | 270 | Méranger and Smith, 1972 |
| Drinks | Canada, Winnipeg area in 1972 | foods purchased | 170 | Kirkpatrick and Coffin, 1977 |

^φ All food concentrations are expressed in units of ng/g wet weight, unless otherwise stated.

^a Calculated from raw data in original study.

^b High levels in the year 2000 data for meat, poultry and eggs can be largely attributed to the extremely high copper concentrations reported for organ meats. Organ meats were included in previous years' studies, but the average concentration in organ meats between 1993 and 1999 was 4-fold lower than the 2000 value. Values for meat, poultry and eggs, excluding organ meats, are 1,006 and 1,342 ng/g for 1993 to 1999 and 2000, respectively.

^c All food concentrations are expressed in units of ng/g wet weight, unless otherwise stated.

K-3.4 Mercury

Canadians may be exposed to mercury *via* several food sources as it does not degrade in the environment and can accumulate in living organisms (Health Canada, 2007). Mercury exists in three distinct forms; 1) elemental mercury; 2) inorganic mercury; and, 3) organic or methylmercury, the most toxic form.

While traces of mercury are present in all foods, the highest concentrations of mercury are found in fish, particularly in salt and freshwater predatory fish (Health Canada, 2007). Several total diet studies conducted in Canada and other parts of the world have shown that for the average population, fish are the main source of dietary mercury intake (Dabeka *et al.*, 2003; Health Canada, 2007). In contrast to the high capacity of mercury to bioaccumulate in fish, mercury uptake in plants from soil is minimal, leading to low mercury concentrations in fruits and vegetables (European Commission, 2003; Health Canada, 2007). After fish, Dabeka *et al.* (2003) revealed that mushrooms have the highest concentrations of mercury as they are known to uptake mercury from the soil quite readily.

Selection of Food Database

Canadian market basket data available for mercury are available in Table K-6 (Meranger and Smith, 1972; Kirkpatrick and Coffin, 1977; Dabek *et al.*, 2003; FDA, 2007; Health Canada, 2007).

The Dabeka *et al.* (2003) dataset was selected for use in the Flin Flon HHRA because it fulfilled all of the selection criteria and was found to be the most appropriate for mercury. Data from the Health Canada (2007) HHRA of Mercury in Fish and Health Benefits of Fish Consumption Report were combined with Dabeka *et al.* (2003) to increase the Canadian coverage and the statistical robustness of the fish and seafood data. Several databases were not used because the method detection limits were not adequately low to detect the metal in most food items (Méranger and Smith, 1972; Kirkpatrick and Coffin, 1977).

| Table K-6 Typical Total Mercury Concentrations in Canadian Foods | | | | |
|---|-------------------------------------|---|----------------------------------|---|
| Food Type | Location | Description | Concentration^o | Reference |
| Fish and Seafood | | | | |
| Fish | U.S. | top 10 types of fish consumed by the U.S. general population ^a | 20 to 206 | U.S. EPA, 1996e; ATSDR, 1999b |
| Fish and seafood | Canada | fish and seafood species collected at the importers' or domestic processing plants ^b | 0 to 230 | Health Canada, 2007 |
| Fish and seafood | U.S. 1999 to 2000 | NHANES dietary study ^c | 9 to 1,327 | U.S. EPA, 1997; Mahaffey <i>et al.</i> , 2004 |
| Fish and fish products | Whitehorse and Ottawa 1998 to 2000 | 135 food composites | 67 | Dabeka <i>et al.</i> , 2003 |
| Fish and fish products | U.S. 1991 to 2005 | total diet study | 19 to 163 | FDA, 2007 |
| Meat / Poultry Products | | | | |
| Meat, fish and Poultry | Winnipeg area, 1972 | foods purchased | 29 | Kirkpatrick and Coffin, 1977 |
| Meat, fish and Poultry | Hull-Ottawa region, 1969 | foods purchased | <10 | Méranger and Smith, 1972 |
| Meat and meat products | Whitehorse and Ottawa 1998 to 2000 | 135 food composites | 1.2 | Dabeka <i>et al.</i> , 2003 |
| Poultry and poultry products | White Horse and Ottawa 1998 to 2000 | 135 food composites) | 1.4 | Dabeka <i>et al.</i> , 2003 |
| Poultry and poultry products | U.S. 1991 to 2005 | annual total diet study | 0 to 1 | FDA, 2007 |
| Beef and beef products | U.S. 1991 to 2005 | annual total diet study | 0 to 1 | FDA, 2007 |
| Milk and Dairy Products | | | | |
| Milk and dairy products | Winnipeg area, 1972 | foods purchased | <1 | Kirkpatrick and Coffin, 1977 |
| Milk and dairy products | Hull-Ottawa region, 1969 | foods purchased | <10 | Méranger and Smith, 1972 |
| Dairy products | Whitehorse and Ottawa 1998 to 2000 | 135 food composites | 0.7 | Dabeka <i>et al.</i> , 2003 |
| Dairy products | U.S. 1991 to 2005 | annual total diet study | 0 | FDA, 2007 |
| Infant formula | Whitehorse and Ottawa 1998 to 2000 | 135 food composites | 0.23 | Dabeka <i>et al.</i> , 2003 |
| Cereals, Grains and Baked Goods | | | | |
| Rice and rice products | U.S. 1991 to 2005 | annual total diet study | 0 | FDA, 2007 |
| Cereals | Winnipeg area, 1972 | foods purchased | 1 | Kirkpatrick and Coffin, 1977 |
| Cereals | Hull-Ottawa region, 1969 | foods purchased | <20 | Méranger and Smith, 1972 |
| Cereal and cereal products | Whitehorse and Ottawa 1998 to 2000 | 135 food composites | 0.34 | Dabeka <i>et al.</i> , 2003 |
| Cereals, grains and bread | U.S. 1991 to 2005 | annual total diet study | 0 | FDA, 2007 |
| Fruits and Fruit Juices | | | | |
| Garden fruits | Winnipeg area, 1972 | foods purchased | 1 | Kirkpatrick and Coffin, 1977 |
| Garden fruits | Hull-Ottawa region, 1969 | foods purchased | <10 | Méranger and Smith, 1972 |
| Fruits | Winnipeg area, 1972 | foods purchased | <1 | Kirkpatrick and Coffin, 1977 |
| Fruits | Hull-Ottawa region, 1969 | foods purchased | <10 | Méranger and Smith, 1972 |
| Fruit and fruit products | Whitehorse and Ottawa 1998 to 2000 | 135 food composites | 0.16 | Dabeka <i>et al.</i> , 2003 |
| Fruit and fruit products | U.S. | annual total diet study | 0 | FDA, 2007 |

| Table K-6 Typical Total Mercury Concentrations in Canadian Foods | | | | |
|---|------------------------------------|-------------------------|----------------------------------|------------------------------|
| Food Type | Location | Description | Concentration^o | Reference |
| Root Vegetables | | | | |
| Potatoes | Winnipeg area, 1972 | foods purchased | 2 | Kirkpatrick and Coffin, 1977 |
| Potatoes | Hull-Ottawa region, 1969 | foods purchased | <10 | Méranger and Smith, 1972 |
| Root vegetables | Winnipeg area, 1972 | foods purchased | 1 | Kirkpatrick and Coffin, 1977 |
| Root vegetables | Hull-Ottawa region, 1969 | foods purchased | <10 | Méranger and Smith, 1972 |
| Other Vegetables | | | | |
| Leafy vegetables | Winnipeg area, 1972 | foods purchased | 2 | Kirkpatrick and Coffin, 1977 |
| Leafy vegetables | Hull-Ottawa region, 1969 | foods purchased | <10 | Méranger and Smith, 1972 |
| Vegetables and vegetable products | Whitehorse and Ottawa 1998 to 2000 | 135 food composites | 0.68 | Dabeka <i>et al.</i> , 2003 |
| Legumes | Winnipeg area, 1972 | foods purchased | 1 | Kirkpatrick and Coffin, 1977 |
| Legumes | Hull-Ottawa region, 1969 | foods purchased | <10 | Méranger and Smith, 1972 |
| Vegetables | U.S. 1991 to 2005 | annual total diet study | 0 | FDA, 2007 |
| Fats and Oils | | | | |
| Oils and Fats | Winnipeg area, 1972 | foods purchased | 1 | Kirkpatrick and Coffin, 1977 |
| Oils and Fats | Hull-Ottawa region, 1969 | foods purchased | <10 | Méranger and Smith, 1972 |
| Fats and Oils | Whitehorse and Ottawa 1998 to 2000 | 135 food composites | 0.32 | Dabeka <i>et al.</i> , 2003 |
| Sugars and Sweets | | | | |
| sugars | Winnipeg area, 1972 | foods purchased | <1 | Kirkpatrick and Coffin, 1977 |
| Sugars and adjuncts | Hull-Ottawa region, 1969 | foods purchased | <10 | Méranger and Smith, 1972 |
| Beverages | | | | |
| Drinks | Winnipeg area, 1972 | foods purchased | <1 | Kirkpatrick and Coffin, 1977 |
| Drinks | Hull-Ottawa region, 1969 | foods purchased | <10 | Méranger and Smith, 1972 |
| Beverages | Whitehorse and Ottawa | 135 food composites | 0.06 | Dabeka <i>et al.</i> , 2003 |
| Drinks | U.S. 1991 to 2005 | annual total diet study | 0 | FDA, 2007 |
| Other | | | | |
| Miscellaneous | Whitehorse and Ottawa 1998 to 2000 | foods purchased | 0.32 | Dabeka <i>et al.</i> , 2003 |
| Miscellaneous | U.S. 1991 to 2005 | annual total diet study | 0 | FDA, 2007 |
| Soups | Whitehorse and Ottawa 1998 to 2000 | 135 food composites | 0.14 | Dabeka <i>et al.</i> , 2003 |
| Soups | U.S. 1991 to 2005 | annual total diet study | 0 | FDA, 2007 |

| Food Type | Location | Description | Concentration^a | Reference |
|--------------------------------|---------------------------------------|-------------------------|----------------------------------|--------------------------------|
| Baby foods | Whitehorse and Ottawa 1998 to 2000 | 135 food composites | 0.20 | Dabeka <i>et al.</i> , 2003 |
| Foods to be cooked in packages | Whitehorse and Ottawa 1998 to 2000 | 135 food composites | 0.40 | Dabeka <i>et al.</i> , 2003 |
| Fast food | Whitehorse and Ottawa 1998 to 2000 | 135 food composites | 1.5 | Dabeka <i>et al.</i> , 2003 |
| Fast food | U.S. 1991 to 2005 | annual total diet study | 0 to 3 | FDA, 2007 |

^a All food concentrations are expressed in units of ng/g wet weight, unless otherwise stated.

^a Tuna, Shrimp, Pollack, Salmon, Cod, Catfish, Clam, Flounder (Flatfish), Crab and Scallop

^b Fish and seafood species collected include: Amberjacks, Barracouta, Basa, Bullhead (Brown), Capelin, Carp, Catfish, Arctic Char, Clam, Cockle, Cod, Crab, Crawfish Drum, Eel, Flounder, Haddock, Hake, Herring, Jack, Kamaboko, Kingfish, Longcod, Lobster, Mackerel, Mahi Mahi, Maria, Monkfish, Mullet, Mussel, Octopus, Oyster, Perch, Periwinkle, Plaice, Pollock, Prawn, Pumpkinseed, Quahog, Rockfish, Salmon, Scallop, Sea Cucumber, Sea Urchin, Shrimp, Skate, Smelt, Snapper, Sole, Sturgeon, Tilefish, Trout, Tuna, Turbot, Whelk, Whitefish

^c Fish species reportedly consumed by women subjects of the NHANES 1999 to 2000: Shark, Swordfish, Porgy, Walleye, Bass, Northern Pike, Halibut, Snapper, Lobster, Tuna, Skate, Catfish, Pollock, Trout, Brown Trout, Sea bass, Croaker, Cod, Crab, Perch, Pompano, Sardines, Smelt, Carp, Flounder, Haddock, Mackerel, Crab, Shrimp, Scallops, Whiting, Salmon, Octopus, Squid, Clams, Oysters, Herring, Mullet.

K-3.5 Lead

Due to its past commercial use patterns, lead is found in most food items (ATSDR, 1999c). As a result of the phasing out of leaded gasoline sales in the early 1980s, and the virtual elimination of the use of lead-soldered cans for food storage, lead concentrations in environmental media and food are generally much lower today than in the 1970s and 1980s (ATSDR, 1999c).

Selection of Food Database

There were a number of Canadian datasets available for lead, all conducted as part of the Canadian Total Diet Study (CTDS) (Dabeka and McKenzie, 1992; 1995; Health Canada, 2004b; Dabeka and McKenzie, 2005 pers. comm.). Data from these surveys are summarized in Table K-7. The databases selected for use in the Flin Flon HHRA were Dabeka and McKenzie (2005, pers. comm.) because it fulfills all of the selection criteria and was found to be the most appropriate for lead.

The CTDS lead results for 1993 through to 1999 (Health Canada, 2004b) could not be used because the accuracy of the data at near-detection limit measurements was poor due to the accidental contamination of the samples (Dabeka, 2005 pers. comm.). The older Total Diet Study results were also not used because lead concentrations in environmental media and biological tissues/fluids are generally much lower today than in the 1970s and 1980s (ATSDR, 1999c). In addition, older Canadian diet studies (and presumably other studies in which lead was measured in various media) used analytical techniques that may not have been sensitive enough for the prescribed purpose.

| Food Type | Location | Description | Concentration^a | Reference |
|-------------------------|---|---------------------------|----------------------------------|---------------------------------------|
| Fish and Seafood | | | | |
| Fish and shellfish | Canada | mean of 4 food composites | mean: 3.0 | Dabeka and McKenzie, 2005 pers. comm. |
| Fish and shellfish | 8 Canadian cities sampled in 1993 to 1999 | 137 food items | mean: 10.68 max: 20.69 | Health Canada, 2004a |

| Table K-7 Typical Lead Concentrations in Canadian Foods | | | | |
|--|--|---------------------------------|-----------------------------------|---------------------------------------|
| Food Type | Location | Description | Concentration ^φ | Reference |
| Fish | 5 Canadian cities sampled in 1986 to 1988 | 113 composites of 39 foods | mean: 19.3 max: 72.8 | Dabeka and McKenzie, 1995 |
| Fish | Canada, Ottawa/Hull region, Ottawa/Hull area | 2 x 105 food composites sampled | mean: 21.2 | Dabeka and McKenzie, 1992 |
| Meat / Poultry Products | | | | |
| Meat, poultry and eggs | Canada sampled in 2000 | mean of 14 food composites | mean: 5.2 | Dabeka and McKenzie, 2005 pers. comm. |
| Meat, poultry and eggs | 8 Canadian cities sampled in 1993 to 1999 | 137 food items | mean: 13.11 max: 35.33 | Health Canada, 2004a |
| Meat and poultry | 5 Canadian cities sampled in 1986 to 1988 | 113 composites of 39 foods | mean: 20.2 max: 523.4 | Dabeka and McKenzie, 1995 |
| Canned luncheon meat | 5 Canadian cities sampled in 1986 to 1988 | --- | mean: 163 | Dabeka and McKenzie, 1995 |
| Meat and poultry | Canada, Ottawa/Hull region in 1985 | 2 x 105 food composites sampled | mean: 18.5 | Dabeka and McKenzie, 1992 |
| Milk and Dairy Products | | | | |
| Milk and milk products | Canada | mean of 12 food composites | mean: 2.8 | Dabeka and McKenzie, 2005 pers. comm. |
| Milk and milk products | 8 Canadian cities | 137 food items | mean: 4.87 max: 14.22 | Health Canada, 2004a |
| Milk and milk products | 5 Canadian cities sampled in 1986 to 1988 | 113 composites of 39 foods | mean: 7.7 max: 44.7 | Dabeka and McKenzie, 1995 |
| Milk and Dairy Products | Canada, Ottawa/Hull region in 1985 | 2 x 105 food composites sampled | mean: 6.58 | Dabeka and McKenzie, 1992 |
| Infant formula | Canada | mean of 2 food composites | mean: 1.6 | Dabeka and McKenzie, 2005 pers. comm. |
| Infant formula | Canada | 137 food items | mean: 3.7 max: 4.99 | Health Canada, 2004a |
| Infant formula (ready-to-use) | Canada | 49 samples | mean: 1.58 max: 6.08 | Dabeka, 1989 |
| Infant formula (concentrated) | Canada | 50 samples | mean: 3.67 max: 75.3 | Dabeka, 1989 |
| Infant formula (powdered) | Canada | 64 samples | mean: 12.56 max: 57.3 | Dabeka, 1989 |
| Evaporated milk (lead-free solder) | Canada | 8 samples | mean: 2.83 max: 5.17 | Dabeka, 1989 |
| Evaporated milk (lead-soldered) | Canada | 13 samples | mean: 94.9 max: 300 | Dabeka, 1989 |
| Cereals, Grains and Baked Goods | | | | |
| Cereal/grain products and baked goods | Canada | mean of 21 food composites | mean: 7.5 | Dabeka and McKenzie, 2005 pers. comm. |
| Cereals, grains and baked goods | 8 Canadian cities | 137 food items | mean: 11.94 max: 33.51 | Health Canada, 2004a |
| Bakery goods and cereals | 5 Canadian cities sampled in 1986 to 1988 | 113 composites of 39 foods | mean: 13.7 max: 66.4 | Dabeka and McKenzie, 1995 |
| Bakery goods and cereals | Canada, Ottawa/Hull region in 1985 | 2 x 105 food composites sampled | mean: 23.5 | Dabeka and McKenzie, 1992 |

| Table K-7 Typical Lead Concentrations in Canadian Foods | | | | |
|--|--|---|-----------------------------------|---------------------------------------|
| Food Type | Location | Description | Concentration ^φ | Reference |
| Fruits and Fruit Juices | | | | |
| Fruit and fruit products | Canada | mean of 20 food composites | mean: 6.9 | Dabeka and McKenzie, 2005 pers. comm. |
| Fruit and fruit Products | 8 Canadian cities | 137 food items | mean: 11.10 max: 63.97 | Health Canada, 2004a |
| Fruits and fruit juice | 5 Canadian cities sampled in 1986 to 1988 | 113 composites of 39 foods | mean: 44.4 max: 372.7 | Dabeka and McKenzie, 1995 |
| Canned and raw cherries | 5 Canadian cities sampled in 1986 to 1988 | -- | mean: 203 | Dabeka and McKenzie, 1995 |
| Canned citrus | 5 Canadian cities sampled in 1986 to 1988 | -- | mean: 126 | Dabeka and McKenzie, 1995 |
| Fruits and fruit juices | Canada, Ottawa/Hull region in 1985 | 2 x 105 food composites sampled | mean: 60.7 | Dabeka and McKenzie, 1992 |
| Root Vegetables | | | | |
| Root vegetables | Canada | mean of 6 food composites | mean: 5.6 | Dabeka and McKenzie, 2005 pers. comm. |
| Root vegetables | 8 Canadian cities | 137 food items | mean: 5.46 max: 9.41 | Health Canada, 2004a |
| Other Vegetables | | | | |
| Other vegetables | Canada | mean of 15 food composites | mean: 4.7 | Dabeka and McKenzie, 2005 pers. comm. |
| Other vegetables | 8 Canadian cities | 137 food items | mean: 9.38 max: 35.65 | Health Canada, 2004a |
| Vegetables | 5 Canadian cities sampled in 1986 to 1988 | 113 composites of 39 foods | mean: 24.4 max: 331.7 | Dabeka and McKenzie, 1995 |
| Canned beans | 5 Canadian studies sampled in 1986 to 1988 | -- | mean: 158 | Dabeka and McKenzie, 1995 |
| Vegetables | Canada, Ottawa/Hull region in 1985 | 2 x 105 food composites sampled | mean: 29.3 | Dabeka and McKenzie, 1992 |
| Fats and Oils | | | | |
| Fats, oils and peanut butter | Canada | mean of 4 food composites | 4.6 | Dabeka and McKenzie, 2005 pers. comm. |
| Fats, oils and peanuts | 8 Canadian cities | 137 food items | mean: 18.20 max: 23.88 | Health Canada, 2004a |
| Fats and oils | 5 Canadian cities sampled in 1986 to 1988 | 113 composites of 39 foods | mean: 9.6 max: 19.7 | Dabeka and McKenzie, 1995 |
| Fats and Oils | Canada, Ottawa/Hull region | 2 x 105 food composites sampled in 1985 in Ottawa/Hull area | mean: 8.1 | Dabeka and McKenzie, 1992 |
| Sugars and Sweets | | | | |
| Sugar, candy and desserts | Canada | mean of 9 food composites | mean: 18.0 | Dabeka and McKenzie, 2005 pers. comm. |
| Sugar, candy and desserts | 8 Canadian cities | 137 food items | mean: 8.17 max: 17.72 | Health Canada, 2004a |
| Sugar and candies | 5 Canadian cities sampled in 1986 to 1988 | 113 composites of 39 foods | mean: 18.3 max: 111.6 | Dabeka and McKenzie, 1995 |
| Sugar and candies | Canada, Ottawa/Hull region in 1985 | 2 x 105 food composites sampled | mean: 32.8 | Dabeka and McKenzie, 1992 |
| Beverages | | | | |
| Non-alcoholic drinks | Canada | mean of 4 food composites | mean: 1.5 | Dabeka and McKenzie, 2005 pers. comm. |

| Food Type | Location | Description | Concentration ^φ | Reference |
|----------------------|---|---------------------------------|--|---------------------------------------|
| Alcoholic drinks | Canada | mean of 2 food composites | mean: 9.0 | Dabeka and McKenzie, 2005 pers. comm. |
| Non-alcoholic drinks | 8 Canadian cities | 137 food items | mean: 1.64 max: 2.83 | Health Canada, 2004a |
| Alcoholic drinks | 8 Canadian cities | 137 food items | mean: 15.51 max: 29.46 | Health Canada, 2004a |
| Beverages | 5 Canadian cities sampled in 1986 to 1988 | 113 composites of 39 foods | mean: 9.9 max: 88.8 | Dabeka and McKenzie, 1995 |
| Beverages | Canada, Ottawa/Hull region in 1985 | 2 x 105 food composites sampled | mean: 47.4 | Dabeka and McKenzie, 1992 |
| Other | | | | |
| Miscellaneous | 8 Canadian cities | 137 food items | mean: 55.37 max: 704.48 (Frozen beef dinner) | Health Canada, 2004a |
| Miscellaneous | 5 Canadian cities sampled in 1986 to 1988 | 113 composites of 39 foods | mean: 41.7 max: 178.9 | Dabeka and McKenzie, 1995 |
| Soups | 5 Canadian cities sampled in 1986 to 1988 | 113 composites of 39 foods | mean: 15.5 max: 48.7 | Dabeka and McKenzie, 1995 |
| Soups | Canada, Ottawa/Hull region in 1985 | 2 x 105 food composites sampled | mean: 26.3 | Dabeka and McKenzie, 1992 |

^φ All food concentrations are expressed in units of ng/g wet weight, unless otherwise stated.

^a All food concentrations are expressed in units of ng/g wet weight, unless otherwise stated.

K-3.6 Selenium

The most important pathway for selenium exposure to the general public is food, followed by water, then air (ATSDR, 2003). Selenium is a micronutrient and is found in many food items. Selenium supplements are also available and commonly used by a portion of the general population. These supplements generally contain 10 to 25 µg Se/tablet as inorganic selenium or selenomethionine, although some tablets with up to 200 µg/tablet are available (Goodman *et al.*, 1990). In general, fish and seafood, and meats contain the highest concentrations of selenium, cereals have intermediate levels, and fruits and vegetables generally contain the lowest levels (ATSDR, 2003). Brazil nuts are reported to contain very high levels of selenium since they grow in the foothills of the Andes Mountains, where the soils are high in selenium (Secor and Lisk, 1989).

Selection of Food Database

The results of the Dabeka (1994) Total Diet Study were used in the Flon Flon HHRA because it was the only complete source of Canadian data. In July of 1992, commercial foods were purchased in retail outlets in Toronto. This included the collection of 135 food composites, including infant formulae composites. These samples were prepared for typical consumption and analyzed in triplicates by cyclic and pseudocyclic INNA instrumental neutron activation analysis (CCME, 2007). Although the raw data from this study were not obtained, the CCME (2007) Scientific Supporting Document for the derivation of the Canadian Soil Quality Guideline for Selenium contained the average concentrations for each of the 135 food composites. These composites were organized into the 11 food categories used in the current assessment. The average concentration for each food category was used to represent the EPC in the HHRA (Table K-8).

| Table K-8 Typical Selenium Concentrations in Canadian Foods | | | |
|--|-----------------------------|-----------------------------------|-----------------------------|
| Food Composite | Concentration (µg/g) | Food Composite | Concentration (µg/g) |
| Milk and Dairy | | Other Vegetables | |
| Milk, Whole | 0.015 | Baked Beans | 0.024 |
| Milk, 2% | 0.015 | Beans | 0.002 |
| Milk, 1% | 0.013 | Broccoli | 0.012 |
| Milk, Skim | 0.02 | Cabbage | 0.007 |
| Evaporated Milk, Canned | 0.029 | Cauliflower | 0.005 |
| Cream, 10-12% bf | 0.013 | Celery | 0.01 |
| Ice Cream | 0.033 | Corn | 0.014 |
| Yogurt | 0.014 | Cucumbers | 0.013 |
| Cheese | 0.124 | Lettuce | 0.004 |
| Cheese, Cottage | 0.059 | Mushrooms, Canned | 0.096 |
| Cheese, Processed, Cheddar | 0.123 | Peas | 0.027 |
| Butter | 0.025 | Peas | 0.011 |
| Soups, Cream, Canned | 0.009 | Peppers | 0.004 |
| Average | 0.038 | Soups, Dehydrated | 0.015 |
| Meat, Poultry and Eggs | | Tomatoes | 0.003 |
| | | Tomato Juice, Canned | 0.001 |
| Beef, Steak | 0.168 | Tomatoes/Sauce Canned and Ketchup | 0.028 |
| Beef, Roast and Stewing | 0.222 | Average | 0.016 |
| Beef, Ground | 0.138 | Root Vegetables | |
| Pork, Fresh | 0.307 | Beets | 0.004 |
| Pork, Cured | 0.185 | Carrots | 0.014 |
| Veal | 0.127 | Onion | 0.011 |
| Lamb | 0.077 | Potatoes, Raw | 0.007 |
| Cold Cuts and Luncheon Meats | 0.207 | Potatoes, Baked | 0.027 |
| Luncheon Meats, Canned | 0.102 | Potatoes, Boiled, Skin on | 0.011 |
| Wieners | 0.102 | Potatoes, Boiled, Without Skin | 0.008 |
| Eggs | 0.251 | Potatoes, Chips | 0.009 |
| Poultry, Chicken and Turkey | 0.227 | Rutabagas or Turnip | 0.004 |
| Soups, Meat, Canned | 0.032 | French Fries | 0.046 |
| Meat, Poultry or Eggs | 0.011 | Average | 0.014 |
| Hamburger | 0.242 | Fruits and Juices | |
| Chicken Burger | 0.216 | Apple Juice, Canned, Unsweetened | 0.001 |
| Hot Dog | 0.26 | Applesauce, Canned, Sweetened | 0.002 |
| Chicken (Breaded, Fried) | 0.198 | Apples, Raw | 0.002 |
| Average | 0.17 | Bananas | 0.012 |
| Fish and Shellfish | | Blueberries | 0.002 |
| Fish, Marine, Fresh or Frozen | 0.392 | Cherries | 0.003 |
| Fish, Fresh Water, Fesh or Frozen | 0.133 | Citrus Fruit, Raw | 0.003 |
| Fish, Canned | 0.413 | Citrus Fruit, Frozen | 0.001 |
| Shellfish, Fresh or Frozen | 0.391 | Citrus Fruit, Canned | 0.011 |
| Fish Burger | 0.233 | Grape Juice, Bottled | 0.007 |
| Average | 0.31 | Grapes | 0.004 |
| Cereals and Grains | | Melons | 0.002 |
| Bread, White | 0.41 | Peaches | 0.007 |
| Bread, Whole Wheat | 0.392 | Pears | 0.012 |
| Bread, Rye | 0.393 | Pineapple, Canned | 0.019 |

| Table K-8 Typical Selenium Concentrations in Canadian Foods | | | |
|--|---|--------------------------------|---|
| Food Composite | Concentration ($\mu\text{g/g}$) | Food Composite | Concentration ($\mu\text{g/g}$) |
| Cake | 0.066 | Plums, Dried and Canned Prunes | 0.003 |
| Cereals, Cooked Wheat | 0.071 | Raisins | 0.005 |
| Cereals, Corn | 0.028 | Raspberries | 0.006 |
| Cereals, Oatmeal | 0.032 | Strawberries | 0.005 |
| Cereals, Wheat and Bran | 0.077 | Fruit | 0.12 |
| Cookies | 0.072 | Average | 0.011 |
| Crackers | 0.152 | Fats and Oils | |
| Danish and Donuts | 0.151 | | |
| Flour, Wheat | 0.383 | Cooking Fats and Salad Oils | 0.012 |
| Muffins | 0.185 | Margarine | 0.011 |
| Pancakes | 0.132 | Average | 0.012 |
| Pasta, Mixed Dishes | 0.176 | Sugar and Sweets | |
| Pasta, Plain | 0.176 | | |
| Pie, Apple | 0.056 | Candy, Chocolate Bars | 0.019 |
| Pie, Other | 0.056 | Candy, Suckers | 0.011 |
| Rice | 0.052 | Gelatin Dessert | 0.008 |
| Rolls and English Muffins | 0.394 | Honey | 0.004 |
| Cereals | 0.022 | Jams | 0.007 |
| Popcorn (Microwave) | 0.23 | Puddings | 0.013 |
| Average | 0.17 | Sugar, White | 0.006 |
| Nuts and Seeds | | Syrup | 0.007 |
| | | Soft Drinks | 0.002 |
| Peanut Butter and Peanuts | 0.035 | Desserts | 0.024 |
| Seeds, Shelled | 0.635 | Average | 0.010 |
| Average | 0.34 | - | - |
| Formulae | | - | - |
| | | - | - |
| | | - | - |
| | | - | - |
| Formulae, Milk Base | 0.015 | - | - |
| Formulae, Soya Base | 0.008 | - | - |
| Average | 0.012 | - | - |

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APPENDIX K1:
FOOD CATEGORIES USED IN THE DERIVATION OF THE EDI_{MB}

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APPENDIX K1: FOOD CATEGORIES USED IN THE DERIVATION OF THE EDI_{MB}
Composite food items included in food categories Φ^*

Φ Categorization of food items are based on Richardson (1997); all additional items are highlighted

*Codes are primarily based on Dabeka and Mckenzie (1995). All items that have since been added to the Canadian total diet study are highlighted in grey and the new code is listed.

| | |
|---|--|
| <p><u>Dairy Products</u></p> <ul style="list-style-type: none"> 1 Milk, whole 2 Milk, 2% 3 Milk, skim 4 Evaporated milk, canned 5 Cream 6 Ice cream, mixed 7 Yogurt, mixed 8 Cheese 9 Cottage cheese 10 Cheese, processed 11 Butter AA03 milk, 1% | <p><u>Fish/Shellfish</u></p> <ul style="list-style-type: none"> 24 Marine 25 Freshwater fish, cooked 26 Fish, canned 27 Shellfish |
| <p><u>Other Vegetables</u></p> <ul style="list-style-type: none"> 51 Corn, raw and canned, cooked 58 Cabbage, cooked and coleslaw 59 Celery 60 Peppers, green and red 61 Lettuce 62 Cauliflower, raw and cooked 63 Broccoli, raw and cooked 64 Beans, raw and canned, cooked 65 Peas, raw and canned, cooked 69 Tomatoes, raw and cooked 71 Tomatoes, canned, ketchup, sauce 72 Mushrooms, raw 73 Cucumber, raw, pickled 108 Baked beans MM01 popcorn LL09 Infant: Veg, peas | <p><u>Sugar and Candies</u></p> <ul style="list-style-type: none"> 95 Sugar 96 Syrup 97 Jams 98 Honey 99 Pudding, chocolate from powder 100 Candy, chocolate 101 Candy, other 111 Gelatin, dessert LL02 Infants: dessert |
| <p><u>Fats and Oils</u></p> <ul style="list-style-type: none"> 92 Cooking fats and salad oils 93 Margarine | <p><u>Nuts and Seeds</u></p> <ul style="list-style-type: none"> 94 Peanut butter and peanuts J10 Seeds, shelled |

| | |
|--|--|
| <p><u>Bakery Goods and Cereals</u></p> <p>32 White bread, all 33 Bread, whole wheat and rye 34 Bread rolls and biscuits 35 Wheat flour 36 Cake, white, yellow, chocolate 37 Cookies, all 38 Danish and donuts 39 Crackers 40 Waffles and pancakes 41 Cooked wheat cereal 42 Oatmeal cereal 43 Corn cereal 44 Wheat and bran cereals 45 Rice cereal, cooked 49 Pasta, canned 50 Pasta, plain, cooked 107 Bran muffins, plain LL01 Infant: Cereal mixed</p> | <p><u>Meat, Poultry and Eggs</u></p> <p>12 Beef steak, cooked 13 Roast beef 14 Ground beef, cooked 15 Pork, cooked 16 Pork, cured 17 Veal, cooked 18 Lamb, cooked 19 Poultry, cooked 20 Eggs 22 Cold cuts, luncheon meats 23 Luncheon meat, canned 110 Wieners NN03 hamburger NN04 chicken burger NN05 hotdog NN06 chicken, nuggets CC03 Poultry pate LL08 Infant: Meat, poultry, eggs</p> |
| <p><u>Formula</u></p> <p>LL05 Formulae, milk-based LL05 Formulae, soya-based</p> | <p><u>Root Vegetables</u></p> <p>52 Potatoes, raw 53 Potatoes, baked 54 Potatoes, boiled, skins 55 Potatoes, peeled, boiled 56 French fries 57 Potato chips 66 Carrots cooked 67 Onions, cooked 68 Turnips, rutabagas 112 Beets, raw and canned, cooked</p> |
| <p><u>Fruit and Fruit Juices</u></p> <p>74 Citrus fruit, raw 76 Citrus juice 78 Apples 80 Apple sauce 82 Grapes 84 Peaches, canned and raw 86 Plums, prunes, dried, canned 88 Melons 90 Blueberries 46 Apple pie 109 Raisins</p> <p>75 Citrus fruit, canned 77 Citrus juice, canned 79 Apple juice, canned 81 Bananas 83 Grape juice, bottled 85 Pears, raw, canned 87 Cherries, raw and canned 89 Strawberries 91 Pineapple, canned 47 Pie, others, mix LL07 Infant: fruit, apple or peach</p> | |

APPENDIX K2:
**SUMMARY STATISTICS USED IN THE DERIVATION OF THE FLIN FLON
MARKET BASKET EDI**

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APPENDIX K2: SUMMARY STATISTICS USED IN THE DERIVATION OF THE FLIN FLON MARKET BASKET EDI

The following tables (K2-1 through K2-4) provide the summary statistics used in the derivation of the Flin Flon Market Basket EDI for certain COC.

Table K2-1 Summary Statistics for Arsenic used in the Derivation of the Flin Flon Market Basket EDI

| Sample Statistics | Dairy Products | Meat, Poultry and Eggs | Meat, Poultry and Eggs (without organ meats) | Fish/Shellfish | Bakery Goods and Cereals | Root Vegetables | Other Vegetables | Fruit and Fruit Juices | Fats and Oils | Nuts and Seeds | Sugar and Candies |
|--------------------------|-------------------------------------|---------------------------|--|------------------------|-------------------------------------|------------------------------------|-------------------------------------|---------------------------------------|------------------------|------------------------|------------------------------------|
| UCLM (ng/g) | 6.7 | 33.6 | 15.2 | 2071.7 | 28.1 | 10.2 | 22.1 | 6.7 | 26.7 | 21.4 | 22.6 |
| Recommendation 1 | Data are Non-parametric (0.05) | Data are lognormal (0.05) | Data follow gamma distribution (0.05) | Data are normal (0.05) | Data are Non-parametric (0.05) | Assuming gamma distribution (0.05) | Data are Non-parametric (0.05) | Data follow gamma distribution (0.05) | Data are normal (0.05) | Data are normal (0.05) | Data are Non-parametric (0.05) |
| Recommendation 2 | Use 97.5% Chebyshev (Mean, Sd) UCLM | Use H-UCLM | Use Approximate Gamma UCLM | Use Student's-t UCLM | Use 97.5% Chebyshev (Mean, Sd) UCLM | Use Approximate Gamma UCL | Use 97.5% Chebyshev (Mean, Sd) UCLM | Use Approximate Gamma UCLM | Use Student's-t UCLM | Use Student's-t UCLM | Use 97.5% Chebyshev (Mean, Sd) UCL |
| Number of Valid Samples | 74.0 | 87.0 | 80.0 | 28.0 | 117.0 | 65.0 | 94.0 | 139.0 | 14.0 | 6.0 | 52.0 |
| Number of Unique Samples | 42.0 | 57.0 | 51.0 | 27.0 | 74.0 | 45.0 | 57.0 | 87.0 | 13.0 | 6.0 | 35.0 |
| Minimum | 0.1 | 0.7 | 0.7 | 77.0 | 0.1 | 0.1 | 0.1 | 0.1 | 0.6 | 6.6 | 1.3 |
| Maximum | 26.0 | 536.0 | 100.0 | 4,830.0 | 121.0 | 44.0 | 206.0 | 41.0 | 57.0 | 26.0 | 105.0 |
| Mean | 3.4 | 29.3 | 12.6 | 1,683.6 | 15.2 | 7.8 | 8.0 | 5.7 | 18.7 | 15.4 | 9.0 |
| Median | 1.5 | 8.9 | 8.8 | 1,360.0 | 9.0 | 5.2 | 3.4 | 3.8 | 16.5 | 14.0 | 4.4 |
| Standard Deviation | 4.6 | 77.6 | 14.9 | 1,205.9 | 22.4 | 8.4 | 21.9 | 6.8 | 16.9 | 7.4 | 15.8 |
| Variance | 20.8 | 6,026.6 | 222.7 | 1,454,187.7 | 501.1 | 71.1 | 481.6 | 46.3 | 285.2 | 54.4 | 248.7 |
| Coefficient of Variation | 1.3 | 2.7 | 1.2 | 0.7 | 1.5 | 1.1 | 2.7 | 1.2 | 0.9 | 0.5 | 1.8 |
| Skewness | 2.8 | 5.0 | 3.5 | 0.9 | 3.4 | 2.1 | 8.1 | 2.6 | 0.9 | 0.5 | 4.8 |

| <i>Sample Statistics</i> | <i>Dairy Products</i> | <i>Meat, Poultry and Eggs</i> | <i>Meat, Poultry and Eggs (without organ meats)</i> | <i>Fish/ Shellfish</i> | <i>Bakery Goods and Cereals</i> | <i>Root Vegetables</i> | <i>Other Vegetables</i> | <i>Fruit and Fruit Juices</i> | <i>Fats and Oils</i> | <i>Nuts and Seeds</i> | <i>Sugar and Candies</i> | <i>Infant Formula</i> |
|--------------------------|-------------------------------------|-----------------------------------|---|-----------------------------------|-----------------------------------|------------------------------------|-----------------------------------|-----------------------------------|---------------------------------------|------------------------------------|-------------------------------------|---|
| UCLM (ng/g) | 357.0 | 7261.7 | 1060.2 | 1320.9 | 1788.3 | 1069.4 | 1238.9 | 1743.0 | 251.1 | 13990.1 | 1397.3 | 899.2 |
| Recommendation 1 | Data are Non-parametric (0.05) | Data are Non-parametric (0.05) | Data follow gamma distribution (0.05) | Data are Non-parametric (0.05) | Data are Non-parametric (0.05) | Assuming gamma distribution (0.05) | Data are Non-parametric (0.05) | Data are Non-parametric (0.05) | Data follow gamma distribution (0.05) | Assuming gamma distribution (0.05) | Data are Non-parametric (0.05) | Data are Non-parametric (0.05) |
| Recommendation 2 | Use 97.5% Chebyshev (Mean, Sd) UCLM | Use 95% Chebyshev (Mean, Sd) UCLM | Use Approximate Gamma UCLM | Use 95% Chebyshev (Mean, Sd) UCLM | Use 95% Chebyshev (Mean, Sd) UCLM | Use Approximate Gamma UCLM | Use 95% Chebyshev (Mean, Sd) UCLM | Use 95% Chebyshev (Mean, Sd) UCLM | Use Approximate Gamma UCLM | Use Approximate Gamma UCLM | Use 97.5% Chebyshev (Mean, Sd) UCLM | Use Student's-t UCLM or Modified-t UCLM |
| Number of Valid Samples | 107.0 | 169.0 | 161.0 | 43.0 | 155.0 | 85.0 | 149.0 | 192.0 | 16.0 | 18.0 | 80.0 | 18.0 |
| Number of Unique Samples | 106.0 | 169.0 | 161.0 | 43.0 | 155.0 | 85.0 | 149.0 | 192.0 | 16.0 | 18.0 | 80.0 | 18.0 |
| Minimum | 20.4 | 316.9 | 316.9 | 288.6 | 303.6 | 157.5 | 138.1 | 43.5 | 1.3 | 4,570.3 | 23.5 | 547.5 |
| Maximum | 1,717.8 | 135,302.0 | 3331.7 | 2,869.9 | 8,642.9 | 5,414.7 | 6,950.0 | 38 571.4 | 640.3 | 23,887.5 | 4,593.5 | 1,622.1 |
| Mean | 204.4 | 3152.3 | 1,008.9 | 8,54.9 | 1,399.3 | 930.5 | 904.0 | 848.7 | 137.7 | 11,027.8 | 6,58.3 | 789.1 |
| Median | 91.2 | 965.2 | 947.8 | 604.2 | 1,084.3 | 707.7 | 572.7 | 470.3 | 93.2 | 10,109.4 | 224.5 | 723.8 |
| Standard Deviation | 252.8 | 1,2256.1 | 412.7 | 701.1 | 1,110.9 | 852.1 | 937.8 | 2842.8 | 165.7 | 5953.0 | 1,058.4 | 254.9 |
| Variance | 6.4E+04 | 1.5E+08 | 1.7E+05 | 4.9E+05 | 1.2E+06 | 7.3E+05 | 8.8E+05 | 8.1E+06 | 2.7E+04 | 3.5E+07 | 1.1E+06 | 6.5E+04 |
| Coefficient of Variation | 1.2 | 3.9 | 0.4 | 0.8 | 0.8 | 0.9 | 1.0 | 3.3 | 1.2 | 0.5 | 1.6 | 0.3 |
| Skewness | 2.8 | 8.4 | 2.0 | 1.5 | 2.9 | 2.7 | 3.0 | 12.4 | 2.1 | 0.5 | 2.3 | 2.4 |

Note: ProUCL disregarded zero values. Fats and Oils had two zero values.

| <i>Summary Statistics</i> | <i>Dairy Products</i> | <i>Meat, Poultry and Eggs</i> | <i>Meat, Poultry and Eggs (without organ meats)</i> | <i>Fish/Shellfish</i> | <i>Bakery Goods and Cereals</i> | <i>Root Vegetables</i> | <i>Other Vegetables</i> | <i>Fruit and Fruit Juices</i> | <i>Fats and Oils</i> | <i>Nuts and Seeds</i> | <i>Sugar and Candies</i> | <i>Infant Formula</i> |
|---------------------------|-----------------------------------|--|--|--|--|---|-----------------------------------|-----------------------------------|--|--|--|--|
| UCLM (ng/g) | 0.71 | 1.15 | 1.055 | 392.3 | 0.343 | 0.217 | 5.934 | 0.241 | 0.19 | 1 | 0.188 | 0.23 |
| Recommendation 1 | Data are Non-parametric (0.05) | Data appear Gamma Distributed at 5% Significance Level | Data appear Gamma Distributed at 5% Significance Level | Data appear Lognormal at 5% Significance Level | Data appear Gamma Distributed at 5% Significance Level | Data Follow Appr. Gamma Distribution at 5% Significance Level | Data are Non-parametric (0.05) | Data are Non-parametric (0.05) | Too Few Observations To Calculate UCLs | Too Few Observations To Calculate UCLs | Data appear Gamma Distributed at 5% Significance Level | Too Few Observations To Calculate UCLs |
| Recommendation 2 | Use 95% Chebyshev (Mean, Sd) UCLM | Use 95% Approximate Gamma UCLM | Use 95% Approximate Gamma UCLM | Use 95% H-UCLM | Use 95% Approximate Gamma UCLM | Use 95% Approximate Gamma UCLM | Use 99% Chebyshev (Mean, Sd) UCLM | Use 95% Chebyshev (Mean, Sd) UCLM | Used Max | Used Max | Use 95% Approximate Gamma UCLM | Used Max |
| Number of Valid Samples | 24 | 36 | 34 | 143 | 36 | 17 | 32 | 50 | -- | -- | 18 | -- |
| Number of Unique Samples | 20 | 26 | 24 | 69 | 28 | 16 | 24 | 34 | -- | -- | 14 | -- |
| Minimum | 0.065 | 0.077 | 0.077 | 10 | 0.0365 | 0.0285 | 0.02 | 0.02 | -- | -- | 0.032 | -- |
| Maximum | 1.8 | 2.3 | 2.3 | 1,820 | 1.8 | 0.58 | 16 | 0.7 | -- | -- | 0.32 | -- |
| Mean | 0.324 | 0.894 | 0.821 | 289.7 | 0.263 | 0.139 | 0.82 | 0.133 | -- | -- | 0.143 | -- |
| Median | 0.155 | 0.625 | 0.54 | 150 | 0.175 | 0.075 | 0.155 | 0.0575 | -- | -- | 0.12 | -- |
| Standard Deviation | 0.433 | 0.692 | 0.637 | 347.8 | 0.311 | 0.161 | 2.907 | 0.174 | -- | -- | 0.0892 | -- |
| Coefficient of Variation | 1.339 | 0.774 | 0.777 | 1.2 | 1.182 | 1.152 | 3.544 | 1.305 | -- | -- | 0.625 | -- |
| Skewness | 2.366 | 0.622 | 0.723 | 2.089 | 3.687 | 2.002 | 4.994 | 2.287 | -- | -- | 0.778 | -- |

Note: All original data is the mean for the food item reported by JWEL (2004). Non-detects = 1/2 dl

* The maximum value (shaded in grey) was used in the model when the 95% UCLM on the arithmetic mean was greater than the maximum value reported for the food group.

| Summary Statistics | Dairy Products | Meat, Poultry and Eggs | Meat, Poultry and Eggs (without organ meats) | Fish/Shellfish | Bakery Goods and Cereals | Root Vegetables | Other Vegetables | Fruit and Fruit Juices | Fats and Oils | Nuts and Seeds | Sugar and Candies |
|---------------------------|------------------------------------|---------------------------------------|---|---------------------------------------|------------------------------------|------------------------|-------------------------|-------------------------------|--|--|---------------------------------------|
| UCLM (ng/g) | 6.0 | 7.2 | 6.6 | 6.9 | 12.0 | 7.3 | 5.0 | 14.3 | 0.4 | 13.5 | 40.5 |
| Recommendation 1 | Assuming gamma distribution (0.05) | Data follow gamma distribution (0.05) | Data follow gamma distribution (0.05) | Data follow gamma distribution (0.05) | Assuming gamma distribution (0.05) | Data are normal (0.05) | Data are normal (0.05) | Data are lognormal (0.05) | Too Few Observations To Calculate UCLM | Too Few Observations To Calculate UCLM | Data follow gamma distribution (0.05) |
| Recommendation 2 | Use Approximate Gamma UCLM | Use Approximate Gamma UCLM | Use Approximate Gamma UCLM | Use Approximate Gamma UCLM | Use Approximate Gamma UCLM | Use Student's-t UCLM | Use Student's-t UCLM | Use 95% Chebyshev (MVUE) UCLM | Used Max | Used Max | Use Approximate Gamma UCLM |
| Number of Valid Samples | 12.0 | 19.0 | 18.0 | 4.0 | 16.0 | 7.0 | 16.0 | 18.0 | 2.0 | 2.0 | 8.0 |
| Number of Unique Samples | 11.0 | 18.0 | 17.0 | 4.0 | 16.0 | 7.0 | 16.0 | 18.0 | 2.0 | 2.0 | 8.0 |
| Minimum | 0.2 | 0.7 | 0.7 | 1.4 | 1.8 | 2.1 | 1.0 | 1.0 | 0.4 | 1.9 | 0.6 |
| Maximum | 11.8 | 17.4 | 17.4 | 6.9 | 33.6 | 10.4 | 7.4 | 41.0 | 0.4 | 13.5 | 47.8 |
| Mean | 2.8 | 5.1 | 4.7 | 3.0 | 7.9 | 4.9 | 4.2 | 7.1 | 0.4 | 7.7 | 14.2 |
| Median | 0.9 | 3.5 | 3.5 | 1.8 | 4.7 | 3.6 | 4.1 | 3.1 | -- | -- | 5.0 |
| Standard Deviation | 3.9 | 4.5 | 4.2 | 2.7 | 8.5 | 3.3 | 1.8 | 10.5 | -- | -- | 18.0 |
| Variance | 15.3 | 20.6 | 17.7 | 7.1 | 71.9 | 10.9 | 3.2 | 110.0 | -- | -- | 323.1 |
| Coefficient of Variation | 1.4 | 0.9 | 0.9 | 0.9 | 1.1 | 0.7 | 0.4 | 1.5 | -- | -- | 1.3 |
| Skewness | 1.6 | 1.7 | 2.1 | 1.9 | 2.2 | 1.0 | 0.2 | 2.5 | -- | -- | 1.4 |

* The maximum value (shaded in grey) was used in the model when the 95% UCLM on the arithmetic mean was greater than the maximum value reported for the food group.